

**“STOP [an action commonly accepted as correct] !”**

**And start [new replacement action]**

STOP [an action commonly accepted as correct]

[what to stop]

[why to stop]

[what to do instead]

[because...]

[results]

**Call to Action:**

**Bonus Tip:** And you can also get [cool result] when you get your free instant access to [cool thing] at [your link]

